

**Dr. Eric S. Teitel M.D., F.A.C.G.
Dr. David E. Lin M.D., F.A.C.G.**

EGD & ERCP Instructions

- You ***MUST HAVE A DRIVER*** the day of your procedure because *you will be getting anesthesia that day.*
 - ***STOP taking all aspirin & blood thinning agents 3 DAYS PRIOR*** to the procedure. *This includes some Vitamins* (i.e. Gingko, E). If you are a ***HEART PATIENT***, let the doctor *know immediately for alternate instructions. All other medications/vitamins may be taken as prescribed.*
 - The day before your procedure, you will eat & drink normally ***EXCEPT THAT YOU WILL NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT BECAUSE OF THE ANESTHESIA! ANYTHING CONSUMED THE MORNING OF THE PROCEDURE WOULD PRESENT A CHOKING DANGER!*** * * * *
- * * * *IF YOUR APPOINTMENT IS AFTER 1:30PM, YOU MAY HAVE CLEAR LIQUIDS ONLY UNTIL 9:00AM!!***
- ***Unless the doctor tells you otherwise***, & you are a *patient on blood pressure medicine*. (& take your meds in the morning), you may take it ***NO LATER THAN 3 HOURS PRIOR*** to the procedure ***WITHOUT LIQUIDS!*** Let the *Anesthetist on duty know if you took your meds during your interview* with them. *All afternoon medications can wait until then to be taken.*
 - If you are an ***ASTHMA PATIENT***, *bring your inhalers to the procedure* with you & *inform the Anesthetist.*

Remember: NO DRIVING OR WORKING FOR 24 HOURS AFTER!

MY APPOINTMENT IS: _____ @ _____.

WHERE: _____ (Hospital pts report 45 min prior).

Cortlandt Manor: 914-734-8224

Carmel: 845-278-1600