

OFFICE INFORMATION:

Eric S. Teitel MD FACG

David E. Lin MD FACG

Cortlandt Manor Office:

Carmel/Pawling Office:

1985 Crompond Rd Ste E
Cortlandt Manor NY 10567
914-734-8224

667 Stoneleigh Ave
Carmel NY 10512
845-278-1600

Procedure Date: _____

Procedure Time: _____

Location: _____ ***

Center/Hospital patients must arrive 60 mins. before procedure

Bowel Preparation for Colonoscopy with MoviPrep

Colonoscopy is a routine, generally safe, pain-free procedure used to examine the colon. There are steps that you, the patient, must take before the procedure to ensure the highest level of safety and effectiveness.

- 1) Make arrangements to have someone drive you home to and from the procedure
 - Colonoscopy involves sedation, and you will not be allowed to leave unaccompanied or in a Taxi. **No driving for 24 hours after is allowed.**
- 2) Follow your physician's instructions regarding medicines to avoid and use the attached diet the day before your procedure. **This is a TWO (2) day prep.**
- 3) Finish the entire bowel prep regimen as described on the **following page. DO NOT FOLLOW BOX DIRECTIONS!**

MoviPrep is available at most retail pharmacy outlets, if your pharmacy does not have MoviPrep in stock, it can be ordered and delivered within 24 hours.

Information for your pharmacist: NDC 65649-201-75



MoviPrep

(PEG-3350, Sodium Sulfate, Sodium Chloride, Potassium Chloride, Sodium Ascorbate, and Ascorbic Acid for Oral Solution)

Low-Volume Prep.

High-Volume Efficacy.

Patient Instructions for *Split (2) Dosing*:

The MoviPrep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing. You will be on a **CLEAR LIQUID DIET** the **ENTIRE DAY BEFORE** your procedure (see attached list).

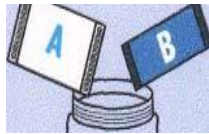
The DAY BEFORE PROCEDURE take DOSE #1 beginning anytime BETWEEN 3 & 6 pm:

STEP 1:

Empty 1 Pouch A and 1 Pouch B into the disposable container

Add lukewarm drinking water to the top line of the container. Mix to dissolve.

If preferred, mix solution ahead of time and refrigerate prior to drinking.
The reconstituted solution should be used within 24 hours



STEP 2:

The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the **full liter is complete!** (Using a straw will make it easier).

Drink 16 oz. of the clear liquid of your choice and continue CLEAR DIET! **DO NOT TAKE DOSE 2!**

MORNING OF PROCEDURE you must START & FINISH DOSE#2 about 3-4 HOURS BEFORE your appointment then NOTHING BY MOUTH until after the procedure:

Repeat steps 1 & 2 from above.

DOSE#2 MUST BE TAKEN ON PRODECURE DAY OR YOU WILL NOT PREP PROPERLY!!

If you have any questions, please call the office immediately.

REMEMBER: NO DRIVING FOR 24 HOURS!

You may resume normal diet AFTER your procedure

MoviPrep is indicated for cleansing of the colon as a preparation for colonoscopy in adults 18 years of age or older. MoviPrep is contraindicated in patients who have had a severe hypersensitivity reaction to any of its components. MoviPrep should be used with caution in patients using concomitant medications that increase the risk of electrolyte abnormalities, in patients with known or suspected hyponatremia, severe ulcerative colitis, ileus, gastrointestinal obstruction or perforation, gastric retention, toxic colitis, toxic megacolon, or glucose-6-phosphate dehydrogenase deficiency. In clinical trials, abdominal distension, anal discomfort, thirst, nausea, and abdominal pain were the most common adverse reactions to MoviPrep administration. MoviPrep contains a maximum of 2.33 mg of phenylalanine per treatment. Please see accompanying full Prescribing Information for MoviPrep.

MoviPrep

**Low-Volume Prep.
High-Volume Efficacy**

ACCEPTABLE CLEAR LIQUID DIET

The day before your procedure:

CHICKEN BROTH ONLY -**NO NOODLES!**

WON TON BROTH ONLY-**STRAINED!**

APPLE JUICE

GINGERALE

7-UP/SPRITE

WHITE GRAPE JUICE

WHITE CRANBERRY JUICE

ANY **DYE-FREE** FITNESS WATER

SELTZER-FLAVORED OK

COFFEE/TEA **WITHOUT MILK** or **CREAMERS!**

ICE POPS (**EXCEPT RED, PURPLE, OR BLUE COLORED**)

GATORADE (**EXCEPT RED, PURPLE, OR BLUE COLORED**)

JELLO (**EXCEPT RED, PURPLE, OR BLUE COLORED**)

WATER- FLAVORED OK

***OK TO MIX & MATCH- HAVE AS MUCH AS YOU WANT IF YOU'RE FEELING HUNGRY-**

MORE IS BETTER DON'T SKIMP!

ALSO OK TO HAVE BEFORE, DURING & AFTER PREP UNTIL MIDNIGHT***

****PATIENTS MAY HAVE CLEAR FLUIDS UNTIL 3-4 HOURS PRIOR TO PROCEDURES THEN NOTHING! ****